



## **Health Psychology Program Personal Statement Instructions**

The Health Psychology Ph.D. Program trains and educates psychologists who will promote physical and mental health, enhance wellness, and empower individuals and communities at the local, national, and international levels. We will accomplish this via interdisciplinary education, research, applied work, clinical training, and advocacy, which advance science and practice. Individuals are admitted to one of three concentrations within the Health Psychology Ph.D. program in order to receive specialized training: general, community, and clinical. Please clearly state which concentration you are interested in and why.

Your personal statement should be 2 to 3 pages in length and double-spaced. Please make sure to address the following topics:

- 1) How does Health Psychology training fit into your overall professional interests and short and long-term career goals? That is, why are you applying to our doctoral program in Health Psychology?
- 2) To which concentration are you applying and why (community, clinical, general)? Describe your interests in research and applied work as it relates to this concentration.
- 3) With which faculty member(s) in our program would you like to have as a mentor and why?
- 4) Describe your relevant academic, professional, and personal experiences or training.
- 5) How will you support the UNC Charlotte Health Psychology Program's commitment to diversity and inclusion? Some possibilities include your personal, educational and/or professional experiences and interests.